

Coth Reale Summer League 2024

## **6TH REALE CUP - REPORT**

"Football For All"







Authorized NPO Corporation







The 6th Reale Cup, held from August 19th to September 14th, was a resounding success as a cornerstone of the Reale Youth Football Development League. Under the transformative motto "Football for All," the tournament provided a platform for young athletes aged U11, U13, and U15 to showcase their skills and passion for the beautiful game.

With an impressive turnout of 113 participants, supported by enthusiastic parents and dedicated volunteers, the Reale Cup served as a beacon of hope and inspiration for the next generation of footballers. Beyond the competitive aspect, the tournament played a crucial role in fostering the holistic development of young athletes.

The Reale Cup offers a multitude of benefits for young participants. Beyond the thrill of competition, the tournament fosters personal growth, physical well-being, and social development. By participating, young athletes boost their self-esteem, confidence, and sense of belonging while improving their physical fitness and preventing health issues. The supportive environment of the Reale Cup encourages teamwork, cooperation, and sportsmanship, providing valuable life lessons. In today's digital age, the tournament serves as a refreshing counterbalance to screen time, promoting an active and engaged lifestyle.

The Reale Cup celebrated diversity and uniqueness in every aspect. Participants from various schools, representing diverse castes, cultures, religions, and ethnicities, came together to share their passion for football. To further emphasize the cultural richness of Nepal, the teams were named after iconic local mythological figures: Lakhe, Kumari, Bhairav, Pulukishi, and Narsimha.

This unique naming convention not only added a touch of local flavor to the tournament but also encouraged children to learn more about their cultural heritage and beliefs. The inclusion of these mythological names served as a reminder of Nepal's rich cultural tapestry and the importance of preserving traditional knowledge.

## Team Names:

•U11/U13/U15 Team Lakhe •U11/U13/U15 Team Bhairav •U11/U13/U15 Team Kumari •U11/U13/U15 Team Pulukishi •U13/U15 Team Narsimha









Unlike traditional short-duration tournaments, the Reale Cup's four-week format provided a unique opportunity for participants to develop crucial life skills beyond football. The extended league fostered a sense of consistency, teamwork, and personal accountability. Players learned the importance of persevering through challenges, working together for the team's success, and gracefully accepting defeats as stepping stones for growth.

This shift in mindset, not only among the participants but also among parents and volunteers, transformed the Reale Cup into more than just a competition. It became a platform for learning valuable life lessons and instilling a sense of purpose and responsibility. The tournament's emphasis on personal growth and development elevated the experience for all involved, making it a truly enriching and memorable event.



Team Bhairav



Team Kumari



Team Lakhe



Team Narsimha



Team PuluKishi



	WEEK 1	
Day	Session 1 (5:45 AM - 7:00 AM)	Session 2 (7:00 AM - 8:15 AM)
Wednesday, Aug 21	TEAM PULUKISHI	TEAM BHAIRAV
Thursday, Aug 22	TEAM KUMARI	TEAM LAKHE
Friday, Aug 23	TEAM NARSIMHA	TEAM PULUKISHI
	WEEK 2	
Day	Session 1 (5:45 AM - 7:00 AM)	Session 2 (7:00 AM - 8:15 AM)
Sunday, Aug 25	TEAM BHAIRAV	TEAM KUMARI
Monday, Aug 26	TEAM LAKHE	TEAM NARSIMHA
Tuesday, Aug 27	TEAM PULUKISHI	TEAM BHAIRAV
Wednesday, Aug 28	TEAM KUMARI	TEAM LAKHE
Thursday, Aug 29	TEAM NARSIMHA	TEAM PULUKISHI
Friday, Aug 30	TEAM BHAIRAV	TEAM KUMARI
	WEEK 3	
Dav		Session 2 (7:00 AM - 8:15 AM)
Day	WEEK 3	
Day Sunday, Sep 1	WEEK 3 Session 1 (5:45 AM - 7:00 AM)	Session 2 (7:00 AM - 8:15 AM)
Day	WEEK 3 Session 1 (5:45 AM - 7:00 AM) TEAM LAKHE	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA
Day Sunday, Sep 1 Monday, Sep 2	WEEK 3 Session 1 (5.45 AM - 7:00 AM) TEAM LAKHE TEAM PULUKISHI	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA TEAM BHAIRAV
Day Sunday, Sep 1 Monday, Sep 2 Tuesday, Sep 3	WEEK 3 Session 1 (5:45 AM - 7:00 AM) TEAM LAKHE TEAM PULUKISHI TEAM KUMARI	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE
Day Sunday, Sep 1 Monday, Sep 2 Tuesday, Sep 3 Wednesday, Sep 4	WEEK 3 Session 1 (5:45 AM - 7:00 AM) TEAM LAKHE TEAM PULUKISHI TEAM KUMARI TEAM KUMARI	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE TEAM PULUKISHI
Day Sunday, Sep 1 Monday, Sep 2 Tuesday, Sep 3 Wednesday, Sep 4 Thursday, Sep 5	WEEK 3 Session 1 (5:45 AM - 7:00 AM) TEAM LAKHE TEAM PULUKISHI TEAM KUMARI TEAM KUMARI TEAM MARSIMHA TEAM BHAIRAV	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE TEAM LULUKISHI TEAM KUMARI
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Day Sunday, Sep 1 Monday, Sep 2 Tuesday, Sep 3 Wednesday, Sep 4 Thursday, Sep 5 Friday, Sep 6	WEEK 3 Session 1 (5:45 AM - 7:00 AM) TEAM LAKHE TEAM KUMARI TEAM KUMARI TEAM KUMARI TEAM BHAIRAV TEAM LAKHE WEEK 4	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE TEAM PULUKISHI TEAM KUMARI TEAM NARSIMHA
Day Sunday, Sep 1 Monday, Sep 2 Tuesday, Sep 3 Wednesday, Sep 4 Thursday, Sep 5 Friday, Sep 6 Day	WEEK 3 Session 1 (5:45 AM - 7:00 AM) TEAM LAKHE TEAM PULUKISHI TEAM NUMARI TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE WEEK 4 Session 1 (5:45 AM - 7:00 AM)	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE TEAM LAKHE TEAM VULUKISHI TEAM KUMARI TEAM NARSIMHA Session 2 (7:00 AM - 8:15 AM)
Day Sunday, Sep 1 Monday, Sep 2 Tuesday, Sep 3 Wednesday, Sep 4 Thursday, Sep 5 Friday, Sep 6 Day Sunday, Sep 8	WEEK 3 Session 1 (5:45 AM - 7:00 AM) TEAM LAKHE TEAM PULUKISHI TEAM KUMARI TEAM KUMARI TEAM KIMARI TEAM HAIRAV TEAM LAKHE WEEK 4 Session 1 (5:45 AM - 7:00 AM) TEAM NARSIMHA	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE TEAM PULUKISHI TEAM NARSIMHA TEAM NARSIMHA Session 2 (7:00 AM - 8:15 AM) TEAM PULUKISHI
Day Day Monday, Sep 1 Tuesday, Sep 2 Tuesday, Sep 4 Thursday, Sep 5 Friday, Sep 6 Day Sunday, Sep 8 Monday, Sep 9	WEEK 3 Session 1 (5 45 AM - 7:00 AM) TEAM LAKHE TEAM LAKHE TEAM NULUKISHI TEAM NARIMHA TEAM NARIMHA TEAM BHAIRAV WEEK 4 Session 1 (5:45 AM - 7:00 AM) TEAM NARIMHA TEAM BHAIRAV	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE TEAM PULUKISHI TEAM KUMARI Session 2 (7:00 AM - 8:15 AM) TEAM PULUKISHI TEAM KUMARI
Day Sunday, Sep 1 Monday, Sep 2 Tuesday, Sep 3 Wednesday, Sep 4 Thursday, Sep 5 Friday, Sep 6 Day Sunday, Sep 8 Monday, Sep 9 Tuesday, Sep 10	WEEK 3 Session 1 (5:45 AM - 7:00 AM) TEAM LAKHE TEAM NULUKISHI TEAM NULUKISHI TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE WEEK 4 Session 1 (5:45 AM - 7:00 AM) TEAM NARSIMHA TEAM BHAIRAV TEAM BHAIRAV	Session 2 (7:00 AM - 8:15 AM) TEAM NARSIMHA TEAM BHAIRAV TEAM LAKHE TEAM PULUKISHI TEAM KUMARI TEAM NARSIMHA Session 2 (7:00 AM - 8:15 AM) TEAM PULUKISHI TEAM KUMARI TEAM KUMARI

After the players were carefully drafted into their respective teams, experienced coaches were assigned to each squad. These dedicated coaches provided expert guidance, tactical instruction, and motivation to their players.

To ensure optimal development, each team had the flexibility to train two to three times a week, accommodating different schedules and individual needs. This regular training regimen allowed players to refine their skills, build endurance, and develop a strong team dynamic.

The weekend served as the competitive stage for the league, where teams faced off against each other in exciting matches. These matches provided invaluable opportunities for players to apply their training, test their abilities, and experience the thrill of competition.



The anticipation was palpable as the participants eagerly awaited the start of matchday. A vibrant opening ceremony set the tone for the day, featuring a special presentation by Academy Head Coach Bal Gopal Shahukhala. Shahukhala symbolically handed over the match ball to the esteemed referee, Anurag, officially commencing the tournament.

Adding to the festive atmosphere, the Reale Academy players showcased their talents with an energetic dance performance. The national anthem resonated through the air as parents, coaches, and volunteers cheered on their respective teams. The FIFA Fair Play flag waved proudly, symbolizing the spirit of sportsmanship and fair play that would define the tournament.

With hearts filled with excitement, the young athletes took to the field, ready to compete in the U11, U13, and U15 categories. The energy and enthusiasm of the participants were infectious, creating a memorable and enjoyable experience for everyone involved.





The second, third, and fourth weeks of the Reale Cup witnessed an escalation of excitement and competition as the teams continued to battle it out. The extended format allowed for deeper rivalries to develop, fostering a more intense and engaging atmosphere.

## Key Highlights:

•**Improved Skill Development:** The additional weeks of training and competition provided players with ample opportunities to refine their skills and develop a deeper understanding of the game.

•Enhanced Team Dynamics: Extended play allowed teams to strengthen their bonds, improve communication, and develop a strong team identity.

•Competitive Thrills: The longer league format intensified the competitive nature of the tournament, leading to thrilling matches and unforgettable moments.

•Lifelong Memories: The extended duration of the Reale Cup created lasting memories for participants, coaches, and spectators alike.

As the tournament progressed, the level of play continued to improve, showcasing the talent and dedication of the young athletes. The Reale Cup's extended format proved to be a valuable investment in the development of these promising footballers.











On September 6th, the Reale Cup organized a valuable nutrition workshop for all participants, supported by The Athlete Firm Japan and the My Football Kit program. The workshop was held at the picturesque Shree Nilbarahi Banquet venue.

During the workshop, coach Bal Gopal provided essential information on the importance of balanced nutrition for young athletes. Participants learned about the types of foods that fuel performance, and the benefits of proper nutrition for overall health and well-being. The workshop emphasized the connection between nutrition and athletic success, empowering players to make informed choices about their dietary habits.

This valuable session served as a valuable addition to the Reale Cup experience, ensuring that participants had the knowledge and tools to optimize their performance on and off the field.

Beyond the fun and creativity of building their own footballs, the My Football Kit program conveyed valuable life lessons. Participants learned that by following instructions, persevering through challenges, and remaining focused, they could achieve their goals more efficiently. The program emphasized the importance of dedication, hard work, and staying on track to overcome obstacles and ultimately succeed.







As part of its commitment to youth football development, FC Reale conducted the Coaching Workshop Level 2 for aspiring youth coaches. This advanced workshop focused on enhancing coaches' abilities to develop players and understand the intricacies of the game. Unlike the previous workshop, which emphasized creating a conducive training environment, Level 2 delved deeper into the technical and tactical aspects of coaching.

The knowledge gained from the workshop was immediately put into practice by the coaches during their training sessions, resulting in improved player performance and more engaging games. This practical application of the workshop's content highlighted the effectiveness of the training and its positive impact on the development of young athletes.

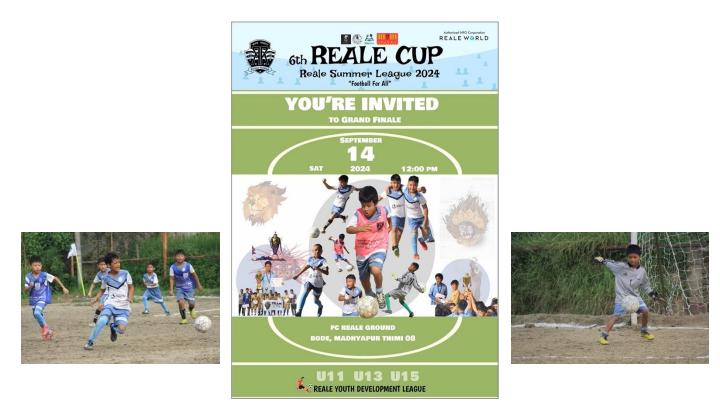
Recognizing that empowering young coaches is equally important as developing young players, FC Reale's initiative to conduct the Coaching Workshop Level 2 demonstrated its dedication to creating a sustainable and thriving football ecosystem. By investing in the education and development of coaches, FC Reale is ensuring that future generations of players will benefit from quality coaching and guidance.





The top four teams from the group stage would advance to the semifinals, setting the stage for thrilling clashes between the first and fourth seeds, and the second and third seeds. Every team fought tooth and nail throughout the group stage, showcasing their determination and skill. However, the fifth-placed team would be eliminated, leaving only the elite four to battle it out for the ultimate prize. As the final day approached, the anticipation and excitement reached a fever pitch, promising a glorious showdown.





Following the grueling semifinals, the exhausted but determined players rallied their strength for the ultimate showdown. In the U11 category, Team Lakhe emerged victorious, while Team Kumari claimed the U13 title. Team Pulukishi reigned supreme in the U15 category, while Team Narsimha settled for second place in both the U11 and U13 divisions.

The finals were a whirlwind of emotions, filled with joy, excitement, and disappointment. The chief guests, volunteers, parents, and spectators alike praised the incredible efforts of all teams, acknowledging the hard work, dedication, and skill on display. The atmosphere was electric, as the outcome of each final hung in the balance until the final whistle.





U15 Winner – Team PuluKishi



U15 Runner Up– Team Lakhe



U13 Winner – Team Kumari



U13 Runner Up – Team NarSimha



U11 Winner - Team Lakhe



U11 Runer Up – Team Narsimha





Participation Certificate Distribution





U11 Best GoalKeeper - Saurav



U11 Top Scorer - Harshit



U11 Best Player - Ushan



U13 Best GoalKeeper - Jashman



U13 Top Scorer - Rijan



U13 Best Player - Sudip



U15 Best GoalKeeper - Manish



U15 Top Scorer - Karlosh



U15 Best Player - Bibash

A special touch was added to the Reale Cup awards ceremony with the presentation of shoes donated by Japanese children. These shoes, symbolic of the cultural exchange between Nepal and Japan, were not ordinary prizes. They were awarded to outstanding players in each category, recognizing their exceptional talent, sportsmanship, and contributions as best player, goalkeeper, and top scorer.

This unique gesture served as a powerful reminder of the global reach of football and the ability of sports to foster connections between people from different cultures. The exchange of shoes symbolized a bridge of friendship and understanding, built one shoelace at a time.





Medals and trophies may fade, but the memories collected at the U15 Reale Cup will forever shimmer. In the vibrant tapestry of shared meals, electrifying games, and open-hearted conversations, kids unlocked a treasure trove of self-discovery. They learned to navigate differences, celebrate triumphs, and forge friendships that transcended backgrounds, proving that the true gold of this tournament lay not in trophies, but in the hearts they touched.









The Reale Cup is a shining example of the transformative power of sports. It fosters young talent, promotes community spirit, and bridges cultural divides. I'm honored to be a part of this inspiring event – *Chieft Guest Kiran Chemjong* 

I loved playing in the Reale Cup! It was so much fun to meet new friends and play football together. I learned new skills and got better at the game. I can't wait to play again next year! – U11 Participant Monika





I'm so impressed with the Reale Cup! It's a fantastic opportunity for our kids to learn and develop their football skills in a fun and supportive environment. The organization is excellent, and the atmosphere is amazing. We're so grateful for the opportunity to be a part of this event. – U15 Parent Mr. Limbu

The Reale Cup was a fantastic tournament, filled with talented young players and passionate supporters. The level of play was impressive, and the sportsmanship displayed by all participants was commendable. It was a pleasure to be a part of such a well-organized and enjoyable event. – Reale Cup Referee Sumit





The resounding success of the 6th Reale Cup - Reale Summer League 2024, a cornerstone of the Reale Youth Football Development initiative, extends far beyond the football field. We are deeply grateful to the dedicated volunteers, referees, parents, and players whose unwavering commitment made this event a reality.

The invaluable support of our partners – NPO REALE WORLD, WORLD FRIENDS PROJECT, FC REALE GROUND SUPPORTERS, SHREE NILBARAHI BANQUET, THE ATHLETE FIRM, ONLINE, ZIG ZAG PHOTO STUDIO and CHAKRA SWEETS – was instrumental in the tournament's success.

The Reale Cup was more than just a football competition; it was a celebration of diversity, sportsmanship, and the unifying power of the beautiful game. The event showcased the transformative potential of cultural exchange, fostering bonds of friendship and understanding that will continue to inspire long after the final whistle.

We are proud to present this report as a testament to the achievements of the Reale Cup and to express our sincere gratitude to everyone who contributed to its success.





The Reale Cup would not have been possible without the tireless efforts of our dedicated volunteers. Their selfless commitment, enthusiasm, and hard work were instrumental in ensuring the smooth running of the tournament. We are deeply grateful for their invaluable contributions, which made a significant impact on the overall success of the event. Their passion and dedication served as an inspiration to all involved, creating a positive and supportive atmosphere for participants and spectators alike.







